



LA&HA Doctor's Notes

SmoothEye®

FREQUENTLY ASKED QUESTIONS
PATIENTS ASK ABOUT SMOOTH EYE®

1. WHAT IS SMOOTHIEYE® AND HOW DOES IT WORK?

SmoothEye® is a laser treatment that can be performed using the Fotona Er:YAG laser. It is a non-invasive method for rejuvenating the eye area. The Fotona SMOOTH® laser pulse creates a thermal effect that stimulates fibroblasts to remodel collagen in the skin. As a result, the skin around the eyes appears rejuvenated, wrinkles are reduced, and eyelids are more lifted. All results look natural.

2. WHAT AREAS CAN BE TREATED WITH THE SMOOTHIEYE® PROCEDURE?

The SmoothEye® treatment covers the entire periocular region, including areas above, below, and lateral to the eye.

3. IS SMOOTHIEYE® SAFE?

The SmoothEye® procedure, when performed by an experienced practitioner, is safe.

4. WHAT ARE THE BENEFITS OF SMOOTHIEYE® TREATMENT?

The procedure is non-invasive, leaving a natural appearance with fewer wrinkles and firmer skin. You can return to your daily activities immediately after the treatment.

5. HOW MANY SESSIONS ARE TYPICALLY NEEDED TO SEE RESULTS?

The number of treatments depends on the patient's age, the amount and depth of wrinkles, and the degree of eyelid laxity. It is recommended to perform 2-3 SmoothEye® treatments every 4-6 weeks and 1-2 maintenance treatments each year to sustain the results.

6. IS THE PROCEDURE PAINFUL OR UNCOMFORTABLE?

Some patients describe the procedure as painless, experiencing only mild warmth, while others may find it slightly more uncomfortable. The treatment is typically performed under topical anesthesia, so significant pain is not expected.

7. WHAT TYPES OF SKIN ISSUES CAN SMOOTHIEYE® ADDRESS (E.G., WRINKLES, FINE LINES, PIGMENTATION)?

The SmoothEye® procedure is suitable for patients who wish to take preventive measures against aging around the eye area, for those looking to firm the skin in this region and reduce the appearance of fine lines.

8. WHAT IS THE RECOVERY TIME AFTER THE PROCEDURE?

A day or two after the procedure, mild redness can be expected. After three days, the skin begins to peel very gently, which lasts for another three days. All signs (redness and peeling) are very mild and are not noticeable with the use of moisturizing creams.

9. WHO IS AN IDEAL CANDIDATE FOR SMOOTHIEYE®?

The ideal candidate for SmoothEye® is someone seeking preventive rejuvenation treatments and/or already has visible fine lines.

10. HOW SHOULD I PREPARE FOR A SMOOTHIEYE® SESSION?

Ensure that your skin is properly hydrated.

11. WHAT SHOULD I AVOID AFTER THE PROCEDURE?

Avoid excessive sun exposure and use UVA/B 50+ sun protection. The use of cosmetic products with higher concentrations of AHA and BHA acids is not recommended for a few days.

12. WILL I SEE IMMEDIATE RESULTS, OR DOES IT TAKE TIME?

Immediate effects are visible within a week after the procedure, while collagen remodeling may continue for up to 3-6 months post-treatment.

13. CAN SMOOTHIEYE® BE PERFORMED ON ALL SKIN TYPES AND TONES?

SmoothEye® can be performed on all Fitzpatrick skin types, although caution is advised for patients with darker skin tones or melasma, as thermal procedures may exacerbate these conditions.