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Clinical Bulletin

J. LAHA, Vol. 2020, No. 1; p. CB06.

One-Shot Venous Lake Removal

Anže Zorman

Parameters:

Laser System	SP Dynamis
Laser Source	1064 nm
Handpiece	R33-T
Fluence	140 J/cm ²
Spot size	4 mm
Pulse duration	35 ms
Frequency	1 Hz
Cooling	Ice cubes

Treatment procedure:

A male patient came to our clinic for a non-laser related procedure. During the visit we informed him that we can remove his lower-lip venous lake. He decided for the treatment despite not having any "functional" problems. Before starting the procedure, the lower lip area was cleaned and dried. An ice cube was placed on the lip for 5 s in order to precool the area. The SP Dynamis Nd:YAG laser was used with the above-mentioned parameters. Only one shot was needed to get the proper tissue reaction, i.e. the lesion contracted and darkened. No special post-treatment care was needed, and the patient was instructed to put some repairing cream on the area if needed. The patient was satisfied with the treatment and sent a follow-up photo 4 weeks after the treatment.



Before, immediately after and 4 weeks after the treatment.



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