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Comprehensive facial treatment

Gulsum Dinc

Parameters:

Laser System	Fotona SP Dynamis Pro										
	4D rejuvenation				Xanthelasma	Pigmentation	Spider Veins				
Sessions	1. step (4D)	2. step (4D)	3. step (4D)	4. step (4D)				Laser Source	Handpiece	Spot Size (mm)	Mode
	Er:YAG	Nd:YAG	Nd:YAG	Er:YAG	Er:YAG	Er:YAG	Nd:YAG				
	PS03	R33	R33	PS03	R11	R11	R33				
	7	4	9	7	3	5	2				
	SMOOTH	FRAC3	Piano	MSP	SP	SP	Versa				
	7	35	300	1.6	4.5	3	220				
	1.6	0.3	5	5	7	2	1				

Treatment procedure:

A 55-year-old female patient came to the office with xanthelasmata under her eyes. Our initial treatment plan was to use 4D laser while also targeting pigmentations and capillary vessels within the same treatment.

Following the 4D laser treatment, we removed the pigmentations and xanthelasmata until bleeding occurred. We used Nd:YAG with the above-mentioned parameters for telangiectasia. Following the treatment, we recommended the use of 2% fusidic acid topical cream, Fito cream, moisturizer, and 50 SPF, as well as to clean her face with saline solution and a sponge during the day 2-10 post treatment period. Following the procedure, the patient was monitored weekly and, as can be seen from the follow up picture taken after 2 weeks, the xanthelasmata were almost completely cleared and pigmentation in the cheeks was removed.



Before and after the treatment



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