



Fotona4D[®]Men - Rejuvenation for Men

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Introduction:

In recent years, increasing importance is being given to the physical appearance of men. Men are now more focused on enhancing their appearance with rejuvenation treatments that help them maintain a young, fresh and healthy look. A unique combination of different modalities of Er:YAG and Nd:YAG laser wavelengths called Fotona4D[®]Men can achieve multiple effects of skin rejuvenation, resurfacing, tightening and toning through a non-invasive treatment. Fotona's unique SMOOTH Er:YAG brushing mode technique is performed with constant movement of the handpiece, rapidly apply heating to create an overall tightening effect and lifted skin. No anesthesia is needed.

Laser	Fotona Er:YAG and Nd:YAG system				
	Step 1 SmoothLiftin [®]	Step 2 Fotona SMOOTH [®] Tightening		Step 3 PIANO [®]	Step 4 Light peel
		Step 2.1. Surface tightening	Step 2.2. Anchor		
Wavelength	2940 nm	2940 nm	2940 nm	1064 nm	2940 nm
Handpiece	PS03X	PS03X	PS03X	R33T	PS03X
Pulse mode	Fotona SMOOTH [®]	Fotona SMOOTH [®]	Fotona SMOOTH [®]	Piano [®]	MSP
No. of Pulses	900-1000	2000 whole face		12.000 face, 6000 neck	
Fluence	9 J/ cm ²	6.25 J/cm ²	2.0 J/ cm ²	150-180 J/ cm ² 5-8 s	2.2 J/ cm ²
Technique	Stamping mode	Brushing mode	Stamping mode	Brushing mode	-
Frequency	1.6 Hz	3.3 Hz	1.6 Hz	-	4Hz
Stacking	4-6	No	4	-	-
Spot size	7 mm	7 mm	7 mm	9 mm	7 mm
Passes	4-6	-	3	5-10, 3-5 minutes	1
Anesthesia	None				



Dr. Adrian Gaspar specialized in gynecology and obstetrics and later obtained a postgraduate degree in aesthetic and anti-aging medicine. His practice is based in Mendoza, Argentina and in Miami, Florida, U.S.A. He has been a devoted educator, renowned international speaker, and avid researcher in the fields of laser applications in gynecology and aesthetics for the past 15 years. His pioneering contributions in innovative laser treatments have shaped the landscape of current laser applications, having received innumerable awards for these accomplishments.

CLINICAL CASE:

A 55-year-old man male patient came to our clinic for a modified Fotona 4D® rejuvenation treatment called Fotona4D®Men. No special skin preparation was used. The procedure was performed without anesthesia. Four sessions were performed with monthly intervals. After the treatment, the patient was advised to stay hydrated and to use sun protection. No complications have been observed. The photos were taken before and after the procedure.

During Step 2.2. Anchor



Before treatment

Immediately after 4th session



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